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Greetings!

During the month of February we recognize a holiday that celebrates love between friends, family and that truly special someone else. The symbolic representation of love is the iconic image  that we recognize as a heart, and while not exactly an anatomically correct rendering, the fact that this emotion is so tightly linked to the center of our life blood, proves it a good choice. There is probably no one who has not had a loved one affected by heart related problems, if not their own.

Not surprisingly, the month of February, which is so known for Valentine's Day, also corresponds with American Heart Month. Every president since 1963 has declared it as such, with the support of Congress. If you do an internet search for American Heart Month, a whole host of links to various organizations, publications and other web sites that support the initiative, will be part of the search returns. Many of the search results contain links to great treatment and preventative health recommendations, including those related to diet, exercise and alternatives to standard treatments and procedures.

The other big holiday associated with the month of February is President's Day. Recent media reports have carried the news of former President Clinton requiring heart related surgery as a result of chest pains attributed to arterial blockages. Several stents were inserted into the arteries which were identified as having blockages.

Though the former president has been cited as being in generally good health and being someone with a good, regular exercise regimen, he was still prone to heart related problems. We have many customers who have reported having stents inserted into clogged arteries, only later to have ongoing heart related symptoms such as chest pain. There are Cardio Renew customers who have reported relief from these symptoms, and in some cases, having been able to forego additionally recommended surgery procedures altogether. We believe you can receive the same excellent results. Please visit the following link for more information about alternatives to stent procedures:

[Stents and Alternative Treatments](#)

We hope you remembered the chocolates and flowers or were the lucky recipient of them!

Wishing You Good Health and Vitality,

The Cardio Renew Team

P.S. As always, we value your feedback, so please feel free to send any questions or comments to:

newsletter@cardiorenew.com

Feature Health Topic



Learn How to Recognize Heart Disease Symptoms

The ability to recognize heart disease symptoms is important, especially if you have a family history of heart disease or have other risk factors such as smoking and being overweight. The most common symptom is called "angina".

Angina can be described as a discomfort, heaviness, pressure, aching, burning, fullness, squeezing or painful feeling in your chest. Other common heart disease symptoms are:

- Shortness of breath
- Palpitations (irregular heartbeats, skipped beats or a "flip-flop" feeling in your chest)
- A faster heartbeat
- Weakness or dizziness
- Nausea
- Sweating

Unfortunately, the symptoms of heart disease sometimes come on fast with little warning. That's why it's important to lower your risk through lifestyle changes such as diet and exercise, and through education. Oral chelation therapy is another way to lower your risk of heart disease. Oral chelation therapy is helping heart patients every day.

About Cardio Renew



Cardio Renew Inc. is a family owned and operated company located in Minnesota. Cardio Renew was developed to offer you safe, effective and economical oral liquid EDTA chelation programs. Our #1 goal is to provide you quality products at an affordable price, while supplying the great customer service that you need and deserve. Here are a few items that we feel are important to the success of your oral chelation program:

- **Quality Product**-We purchase our products in liquid form and have our formulas blended, bottled, labeled and tamper-evident sealed at a professional manufacturing facility. This ensures you receive consistent, high quality products that provide safe and effective chelation therapies.
- **Customer Service**-Our goal is to answer e-mails, return phone calls and ship orders within 1 business day. Most times within a few hours or less.
- **Best Value**-Because Cardio Renew is a family based business, we keep our overhead and operating costs at a minimum. We do not promote sales, discounts or specials. We offer the best price to everyone, all year.
- **No Multi-Level Marketing**-We know that this not only raises the cost of products, but also takes away from the quality of customer service that you receive. We believe in helping our customers, not just making a sale.
- **Honesty**-We will always be truthful with our customers. We don't believe in scare tactics or deceptive marketing practices. We are an honest company, that takes pride in selling quality products, at an affordable price.

We believe in our products and programs and sincerely care about our customers. We truly feel that Cardio Renew can improve your health and therefore the quality of your life.