www.CardioRenew.com ~ 800-578-1215

Foundation Program

1st week	5 servings per day
2nd week	5 servings per day
3rd week	5 servings per day
4th week	5 servings per day
5th week	5 servings per day
6th week	5 servings per day

1 Serving = 14 drops mixed with 2 oz. of liquid

Maintenance Program

Min: 1 dose ~ 3 times per week
Standard: 1 dose ~ everyday
Max: 2 doses ~ everyday

Sun	Mon	Tue	Wed	Thu	Fri	Sat