Cardio Renew's 6 Week EDTA Cardio System Cleanse

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This is our signature Foundation 6 week EDTA Cardio System Cleanse intended for most people that desire a standard cleanse.

1st week	**5 servings per day**
2nd week	**5 servings per day**
3rd week	**5 servings per day**
4th week	**5 servings per day**
5th week	**5 servings per day**
6th week	**5 servings per day**

Serving = 14 drops mixed with 2 oz. (1/4 cup) of a mineral free liquid (recommended: distilled water)

Requires 3 bottles

Alternative EDTA Cardio System Cleanses

This is our system cleanse intended for those that do not have any specific health issues but want to be proactive at preventing them.

1st week	**4 servings per day**
2nd week	**4 servings per day**
3rd week	**4 servings per day**
4th week	**4 servings per day**
5th week	**Mega Multi**

Maintenance System

Serving = 14 drops mixed with 2 oz. (1/4 cup) of a mineral free liquid (recommended: distilled water)

Requires 2-3 bottles

This is intended for those that are currently experiencing severe Cardiovascular health issues and need an extreme cleanse.

1st week	**6 servings per day**
2nd week	**6 servings per day**
3rd week	**6 servings per day**
4th week	**6 servings per day**
5th week	**Mega Multi**
Repeat System	

Serving = 20 drops mixed with 2 oz. (1/4 cup) of a mineral free liquid (recommended: distilled water)

Requires 6-9 bottles

Have questions about which System is right for you? Contact ustoday to discuss.

System Guidelines

- You must wait 1 hour between each serving. Servings can be taken once every hour or spread throughout the day. Do not exceed 6 servings per day.
- Always wait 3 hours after taking any medication before taking Cardio Renew. Wait 2 hours after taking other Supplements.
- Wait 1 hour after taking a serving of Cardio Renew before taking any medications, supplements or eating food.
- Do not take Supplements containing Minerals (eg. calcium, magnesium, potassium, iron, etc.), including Multi-Vitamins (that contain Minerals). Vitamins (eg. B, D, A, etc.) are fine to take.
- Take servings on an empty stomach. When possible, wait 1-2 hours after eating a complete meal - for snacks wait 30 minutes.
- We recommend at least 1,000 mg of Vitamin C & 1,000 IU of Vitamin E daily. We suggest the Vitamins be taken with meals. If using Cardio Renew?s C&E Soft-Gels, take 1 soft-gel, 3 times each day with a meal.
- Drink 6 - 8 glasses of water each day. Tap water is fine.
- Store bottles at room temperature ? shelf life is 2 years.