

# Cardio Renew's 6 Week EDTA Cardio System Cleanse

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This is our signature Foundation 6 week EDTA Cardio System Cleanse intended for most people that desire a standard cleanse.



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<b>1st week</b>	<b>5 servings per day</b>
<b>2nd week</b>	<b>5 servings per day</b>
<b>3rd week</b>	<b>5 servings per day</b>
<b>4th week</b>	<b>5 servings per day</b>
<b>5th week</b>	<b>5 servings per day</b>
<b>6th week</b>	<b>5 servings per day</b>

Serving = 14 drops mixed with 2 oz. (1/4 cup) of a mineral free liquid (recommended: distilled water)

Requires 3 bottles

## Alternative EDTA Cardio System Cleanses

This is our system cleanse intended for those that do not have any specific health issues but want to be proactive at preventing them.

<b>1st week</b>	<b>4 servings per day</b>
<b>2nd week</b>	<b>4 servings per day</b>
<b>3rd week</b>	<b>4 servings per day</b>
<b>4th week</b>	<b>4 servings per day</b>
<b>5th week</b>	<b>Mega Multi</b>

## Maintenance System

Serving = 14 drops mixed with 2 oz. (1/4 cup) of a mineral free liquid (recommended: distilled water)

Requires 2-3 bottles

This is intended for those that are currently experiencing severe Cardiovascular health issues and need an extreme cleanse.

1st week	6 servings per day
2nd week	6 servings per day
3rd week	6 servings per day
4th week	6 servings per day
5th week	Mega Multi
Repeat System	

Serving = 20 drops mixed with 2 oz. (1/4 cup) of a mineral free liquid (recommended: distilled water)

Requires 6-9 bottles

Have questions about which System is right for you? [Contact us](#) today to discuss.

## System Guidelines

- You must wait 1 hour between each serving. Servings can be taken once every hour or spread throughout the day. Do not exceed 6 servings per day.
- Always wait 3 hours after taking any medication before taking Cardio Renew. Wait 2 hours after taking other Supplements.
- Wait 1 hour after taking a serving of Cardio Renew before taking any medications, supplements or eating food.
- Do not take Supplements containing Minerals (eg. calcium, magnesium, potassium, iron, etc.), including Multi-Vitamins (that contain Minerals). Vitamins (eg. B, D, A, etc.) are fine to take.
- Take servings on an empty stomach. When possible, wait 1-2 hours after eating a complete meal - for snacks wait 30 minutes.
- We recommend at least 1,000 mg of Vitamin C & 1,000 IU of Vitamin E daily. We suggest the Vitamins be taken with meals. If using Cardio Renew's C&E Soft-Gels, take 1 soft-gel, 3 times each day with a meal.
- Drink 6 - 8 glasses of water each day. Tap water is fine.
- Store bottles at room temperature ? shelf life is 2 years.